

FREE

Practical Parenting Zoom

Practical Parenting offers strategies to nurture your child's mind and to take the stress out of parenting.

Sick of repeating yourself?

Giving in to stop the whining?

Stop shouting and start connecting!

Explore:

- 12 strategies to help your child
- Better ways to discipline
- Improving the relationship with your child
- Helping children with their emotions
- What gets in the way of parenting

**Yes?
Come
to the
course**



WHEN: 2 Tuesdays - 20th & 27th August 2024

TIME: 10am - 1pm

WHERE: Via Zoom **COST:** FREE

Registrations are essential

This course is subject to numbers

For more information ring the Facilitator Pedro on **6738 7200** or to register, contact the Family Relationship Centre through Centacare NENW **1800 372 826**

